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### PRE-OP SURGERY INSTRUCTIONS

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Hospital: \_\_\_\_\_ Surgery Date: \_\_\_\_\_

Arrival Time: \_\_\_\_\_ Go to main entrance of the hospital to check in.

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No food, drink, water, gum chewing, mints, tobacco chewing or cigarettes after midnight the day before your surgery. Arrange for a friend or family member to come to the hospital with you for assistance and transportation. **YOU WILL NOT BE ALLOWED TO DRIVE YOURSELF HOME!**

Do not take any insulin or blood sugar medicines the morning of your surgery.

The morning of your surgery you may take the following medications with a small sip of water:

- blood pressure medications
- heart medications
- breathing medications
- reflux medications (such as protonix, prilosec, nexium)

Please bring to the hospital with you:

- a list of your medications (or the medications themselves)
- driver's license
- insurance cards

Stop taking the following medications prior to your surgery:

- Plavix – 7 days prior to your surgery date (Take last dose \_\_\_\_\_)
- Coumadin – 5 days prior to your surgery date (Take last dose \_\_\_\_\_)
- Xarelto – 4 days prior to your surgery date (Take last dose \_\_\_\_\_)
- Pradaxa – 2 days prior to your surgery (Take last dose \_\_\_\_\_)
- Take an aspirin (325 mg.) in place of Coumadin, Plavix, Xarelto or Pradax
- Glucophage (Metformin) or glucovance – hold 2 days before and 2 days after your arteriogram.

Please call this office after 2:00pm the day before your surgery to verify surgery time (423-2495). (If your surgery is on a Monday, please call on Friday before 12:00 Noon).

**Your follow up visit should be 10-14 days after your surgery – please call our office to make this appointment as soon as you get home from the hospital.**

**(205) 423-2495**